

Dr. Christy Kane

Author | Speaker | Therapist



#makepeacewiththepast
#powertoheal
#hugyourkid

AVAILABLE FOR PRE-ORDER
on Amazon



NEW RELEASE
JULY 2021

*Fractured Souls & Splintered
Memories: Unlocking the
"Boxes" of Trauma*

CHRISTY IS ON A MISSION to end the mental health crisis for kids and families. Presenting her research on electronics and the human brain, Christy empowers families and educators across the nation by helping them navigate the complex world of technology and social media.

Christy provides practical solutions to parents and educators to address the needs of our children facing the dangers of growing up in today's world.

SPEAKING TOPICS

1

Mentally Strong Kids

Dr. Kane helps kids develop the brain skills needed to resiliently navigate this electronic-based, stressful world.

2

Mentally Strong Adults

Seminars and keynote speeches teach skills to reduce stress, decrease depression, and work to live—not live to work.

3

Mentally Strong Families

Town halls help families forge relationships to feel safe, stable, and connected.

WHAT PEOPLE ARE SAYING

I was so impressed by Dr. Kane's presentation on electronics and the brain. I appreciated greatly her attention to solid science. Dr. Kane offered suggestions for moving forward, which left me feeling informed and empowered. Everyone should see this presentation and learn from it.

- Merrillee Boyack

Executive Director Family Watch International

Dr. Kane's presentation is both insightful and empowering. Every parent and teen needs to see it!

- Amanda Oaks

Canyon School Board

Christy promoted sound research in an accessible manner. She really left an impression on us.

- Erin Cantalini

Clinical Director Whetsone Academy

Interested in a FREE seminar?
**Book
Dr. Kane
Today**

