

UPCOMING

2024 **BCSC School Resource Officers** — Two breakout sessions and 1 keynote. Blessed are the peacemakers (June 26th & 27th)

2024 **11th Annual School Safety Conference Texas Association of School Resource Officers (TASRO)** — (June 6th)

2024 **BYU Life After Divorce Conference** — Saturday morning (March 2nd)

2024 **Utah State Developmental Center (USDC)** — Company wide training on the window of tolerance and staff resiliency (Feb 29th)

2024 **R&O Construction Keynote Address** (Feb. 2nd)

2024 **Lehi High School** Parent Night (Jan. 24th)

2024 **Western States Lodging and Management Leadership Conference** — Self-care (Jan. 18th)

2024 **Utah State Developmental Center (USDC)** — introductory mental health leadership training (Jan. 17th)

2024 **Utah AFCC January Lunch Seminar** — 90 minute CE presentation. The Window of Tolerance' The resilience question - Understanding your clients' behaviors. (Jan. 12th)

2024 **Utah Mechanical Contractors Association** — Continuing Education Course The Window of Tolerance in the Workplace (Jan. 11th)

PAST SPEAKING EVENTS

2023 **Summit County Health Department** — Screens and the window of tolerance (Dec 19th)

2023 **Kaibab Paiute Community Building Social Sponsored by Human Services and the CHR Program** — Rising Strong: Social media and the mental health of youth (Dec. 11th)

2023 **Southwest Behavioral Health Center and the Utah Board of Juvenile Justice grant** — Rising Strong: Social media and the mental health of youth (Dec. 11th) (Dec. 11th)

2023 **22nd Annual Rocky Mountain Suicide Prevention Conference by the Hope Squad Convention** Breakout Session: Window of Tolerance: Managing the Impact of Trauma (Dec. 5th)

2023 **West Jordan School District** (Dec. 1st)

2023 **NASA Las Vegas Fall Conference** (Nov. 4th)

2023 [Utah Social Work Association \(USWA\)](#) Half-day Intensive 4 CE's — The Window of Tolerance: Managing the Impact of Trauma (Nov. 3rd)

2023 **Stake Relief Society Training** (Nov. 2nd)

2023 **Gunnison School District** — presentation on adolescent mental health (October 17th)

2023 **Ephraim School District** — presentation on adolescent mental health (October 17th)

2023 **Canyons School District** — presentation on adolescent mental health (October 13th)

2023 [ESI Management Group 27th annual conference on Critical Issues Facing Children & Adolescents](#) — Brain power in Trauma and Behavioral Health (Oct 12th)

2023 **Brigham Young University (BYU)** professional training for BYU religion professors (October 6th)

2023 [Association of Mormon Counselors and Psychologists Fall Conference](#) — Issues in Religion and Psychotherapy (AMCAP) (Sept. 29th)

2023 [Utah Municipal Clerks Association \(UMCA\) Annual Conference](#) — The Window of Tolerance: Understanding the Mental Health of the Population you Serve - While Helping to Empower Your Personal Mental Health, and the Mental Health of Your Families (Sept 22nd)

2023 [Cornerstone to Excellence 1st Annual Social Service Workforce Symposium](#) (Sept 15th)

2023 [ESI Management Group Fall Conference on Substance Use Disorders](#) — Understanding Addiction Through the Window of Tolerance. Dr. Kane did the pre-conference workshop on the 12th and a keynote on the 13th. (Sept 12th & 13th).

2023 **Weber State presentation for the PTA board** (Sept. 12th)

2023 **Weber State University devotional with the Weber Institute of Religion** (Sept. 6th)
Peace within: A Spiritual Perspective on Mental Health

2023 **Leading Saints** [identifying mental health resources an interview with Dr Kane](#) (August 25th)

2023 [Texas Association of School Resource Officers \(TASRO\) 10th Annual School Safety conference](#) — General Session -Becoming a teen mental health champion (July 25th) 8:00am - 12:00pm

2023 **LDS Adult Singles Conference** (June 24th)

2023 [North Star Strength Beyond My Own](#) (June 16th) — Window of Tolerance: Daily Mental Health

2023 **VANcon inc.**, mental health forum for employees — Window of Tolerance: Daily Mental Health (June 2nd)

2023 **UAGC** — A Blueprint for Mental Health A Resource for Construction Companies (May 18th)

2023 **UAGC Safety Award Breakfast** — Mental Health Disorders (April 19th)

2023 **UAGC Safety Conference** — The Window of Tolerance: Stabilizing your Brain (March 23rd)

2023 **BYU Women's Conference** — Knowing We Are Never Alone, Even in Times of Loneliness

2023 **Lone Peak Police Department** — Mental Health Training for Police Officers: Know Who and What You're Facing on the Job

2023 **Nevada Association of School Administrations (NASA)** — Keynote: Mental Health Training for Educators: Know What You Are Seeing in Your Classroom

2023 **Utah Women and Leadership Project (UWLP) Podcast** — Teen Girls Experiencing Increased Sadness and Violence

2023 **Utah PTA Leadership Convention** — Keynote: Window of Tolerance

2023 **Find Your Voice Conference** — Keynote: The Window of Trauma

2023 **Morgan High School and Junior High School** — Professional Development Training

2023 **Utah PTA School Counseling and Prevention Summit** — The Window of Tolerance: Stabilizing your Brain

2022 **International Association of Municipal Clerks (IIMC) Annual Conference** — Keynote: Communicating with the Mentally Impacted Population

2022 **Highland City Mental Health Night**

2022 **American Fork City Mental Health Night**

2022 **Texas Association of School Resource Officers (TASRO)**

2022 **National Association of School Resource Officers (NASRO) National School Safety Leadership and Technology Conference** — Your Brain on Electronics

2022 **Find Your Voice Conference** — In My Brokenness, I Find Strength. The Power of Trauma.

2022 **Associated General Contractors of Utah (AGC of Utah)**

2022 **BYU Life After Divorce Conference** — Daily Gospel Living as a Divorced Member of the Church

2022 **BYU Radio** — [Ep. 108 How Faith and Mental Health Interact](#)

2022 **KPCW radio** — Dr. Kane on her upcoming mental health discussions in partnership with Summit County Health and local schools

2022 **Ecker Hill Middle School** — Parent Night on Cyberbullying and Digital Detox

2022 **North Summit High School** — Parent Night on Cyberbullying and Digital Detox

2022 **South Summit High School** — Parent Night on Cyberbullying and Digital Detox

2022 **Park city High School** — Parent Night on Cyberbullying and Digital Detox

Between 2019 - 2021 Dr. Kane conducted upwards of 40+ parent nights in several school districts including: Provo, Orem, Summit, Alpine, Beaver, Box Elder, Garfield, Wasatch, Davis, Canyons, Tooele, Kane, Morgan, North Summit, Weber, Salt Lake, and Washington school counties.)

2021 **Texas Association of School Resource Officers (TASRO)** — Critical Thinking Mental Health Covid Summit

2021 **Associated General Contractors of Utah (UAGC)**

2021 **Associated General Contractors of California**

2021 **Associated General Contractors of Montana**

2021 **Associated General Contractors of Arizona**

2021 **Utah Children's Justice Symposium**

2021 **Utah Coalition Against Pornography (UCAP)** — Keeping Kids Sexually Safe Through the Teaching of Healthy Sexuality

2021 **Associated General Contractors Western Region Conference**

2021 **Weaver Business Coaching Podcast** — Rethinking Mental Health in Business

2021 **Utah State University (USU)** Family Conference

2021 **Cedar Hills** Mental Health Night

2021 **Uplift Kids** — 5 Reasons to Teach Kids Consent

2021 **The Cultural Hall Podcast** — Episode 537 Why Mental Health?

2021 **American Fork Police Department** — Understanding Your Trauma as a First Responder

2021 **Miller IP Law Podcast** — "Have Sufficient Cash Flow" The Inventive Journey for Entrepreneurs

2020 **National Association of School Resource Officers (NASRO)**

2020 **UVU Suicide Conference** — Electronics: The New Drug - How to Digitally Detox

2020 **Defend Young Minds** — Expert Advice on Electronic Addiction and Teaching Kids Healthy Tech Habits

2020 **Utah Generations Conference**

2020 **National Association of School Nurses**

2020 **BYU Women's Conference** — Teaching Healthy Sexuality

2020 **Highland City** Mental Health Night

2020 **The Utah Women and Leadership Project (UWLP)** — Emotional Wellbeing for Young Women: Understanding Your Brain, Body, and Behavior

2020 **Utah School Counselors Association Fall Conference** — Why Kids Don't Think the Way They Used To

2020 **Utah Coalition Against Pornography (UCAP)** — Protecting Your Children from Sexual Exploitation Online

2020 **Utah Valley University (UVU) Addiction Conference** — How Electronics Impact the Human Brain

2020 **Associated General Contractors of Utah (AGC of Utah)** — What Has Changed? Your Brain on Trauma

2020 **American Fork City** Mental Health Night

2020 **KSL TV Kids Under Pressure** — The 8 second hug with Dr. Christy Kane

2020 **Texas Association of School Resource Officers (TASRO)** —

2020 **Uintah School District** Zoom virtual presentation how to protect from mental health crises (Nov 19th)

2019 **Roosevelt Junior High School** — Parent Night: Creating Mentally Strong Kids

2019 **Provo High School** — Parent Night: Creating Mentally Strong Kids

2019 **Ben Lomond High School** — Parent Night: How Electronics Affect the Human Brain

2019 **Alta High School** — Unplug from Social Media and Take Back Your Brain

2019 **Spanish Fork High School** — Unplug from Social Media and Take Back Your Brain

2019 **Utah School Counselors Association Annual fall Conference** —Trauma and the Neurological Processes in the Brain

2019 **Utah Mental Health Counselors Association (UMHCA)** — What is Causing Depression and Anxiety in Our Kids? What Can We Do About It?

2019 **Utah Generations Conference**

2019 **Summit Academy Draper** — How Electronics Impact the Human Brain

2019 **Nebo School District** — Digital Detox—Electronics & Teen brains

2019 **National Association of Conservation Districts (NACD)**

2019 **Utah Coalition Against Pornography (UCAP)** — Down the Tube: The Impacts of Social Media on the Developing Brain

2019 **National Association of School Nurses**

2019 **UVU Suicide Conference** — How Electronics are Changing the Human Brain

2019 **TEDx Park City** — The Smartphone Generation

2018 **Tooele School District** — How Electronics are Changing the Human Brain

2002 **American Mothers** — How Being a Mother Has Impacted My Life